# DIVERSITY & INCLUSION NEWSLETTER



PANHELLENIC ASSOCIATION AT THE UNIVERSITY OF KANSAS



### **SEPTEMBER IS:**

1 - HispanicHeritage Month

2 - Suicide Prevention Month

# **WELCOME BACK!**

# WELCOMING EVERYONE BACK TO CAMPUS, ESPECIALLY ALL OF OUR NEW MEMBERS!

Following last year, we will continue to release monthly newsletters to keep you all informed on DEI initiatives and events on campus and within your chapters.

The Panhellenic DEI committee, chapter officers, and I are all so excited for this upcoming semester. Make sure to follow @kupanhellenic on Instagram to stay up to date on all that we have planned!







### HISPANIC HERITAGE MONTH

September 15th to October 15th is National Hispanic Heritage Month. The annual celebration honors the history and culture of Latinx and Hispanic communities in our nation. Beginning in 1968, the observance calls to recognize the many contributions, rich traditions, and diverse heritage of Hispanic and Latinx Americans.

### **HOW TO CELEBRATE**

- -Support a Hispanic or Latinx owned business
- -Visit the Latin American Collection at the Spencer Museum
- -Make a playlist of Hispanc and Latinx artists
- -Donate to the community (Ex: Hispanic Heritage Foundation, United We Dream, National Alliance for Hispanic Health)

# SUICIDE PREVENTION AWARENESS MONTH

National Suicide Prevention Month is observed annually throughout the month of September to raise awareness on a topic that can affect anyone. To educate and promote suicide prevention, the month encourages us to spread resources to those struggling, be advocates for mental health care, and share information on how to help our friends and family in need.

### **ACTION IDEAS**

- Learn the risks and warning signs of suicide
- Reach out and check in on your loved ones
- Practice <u>self-care</u>
- Take 5 to Save Lives

### IF YOU OR SOMEONE YOU KNOW NEEDS

### HELP:

- Call the <u>National Suicide Prevention Lifeline</u> at 1 (800) 273-8255 or text "START" to 741-741
- Suicide Prevention Resource Center
- Substance Abuse and Mental Health Services Administration
- National Alliance on Mental Illness
- <u>KU CAPS</u> (Counseling and Psychological Services)
- <u>ULIfeline</u> (College Mental Health)

## IMPORTANT DATES

### 4-11: PARYUSHANA PARVA

The most important Jain observance of the year, Paryushana is a festival and time of intensive study, reflection, and purification.

### 6: LABOR DAY

Federal holiday, honors the American Labor Movement and contributions of laborers to the development of the country.

### 6-8: ROSH HASHANAH

Meaning "Head of the Year", Rosh Hashanah is the Jewish New Year celebration.

### 10: GANESH CHATURTHI

A Hindu holiday marking the birth of Lord Ganesh, the God of new beginnings

# 10: WORLD SUICIDE PREVENTION DAY

A time to remember those affected by suicide, to raise awareness, and to focus efforts on directing treatment to those who need it most.

### 14: FEAST OF THE CROSS

Roman Catholicism, Eastern Orthodoxy, and Anglicanism, commemorates the cross used in the crucifixion of Jesus Christ

# 18: INTERNATIONAL EQUAL PAY DAY

Organized and promoted by the United Nations, it demands that women receive equal pay for equal value of work

### 20-27: SUKKOT

Judaism, seven day festival celebrating the fall harvest and commemorating the years of Jewish wandering

### 21: MID-AUTUMN FESTIVAL

Also called the Moon Festival or Mooncake Festival, celebrated by many East and Southeast Asian countries.

### 24: NATIVE AMERICAN DAY

Observed in several states in celebration of Native American culture

### 27-29: SHEMINI ATZERET

Meaning "the assembly of the eighth" day in Hebrew, concludes the holiday of Sukkot

### 28-29: SIMCHAT TORAH

Meaning "rejoicing in the Torah" in Hebrew, marks the completition of the annual cycle of weekly Torah readings



### NPC UPDATES

# A REFLECTION ON INCREASING ACCESS AND EQUITY IN THE SORORITY EXPERIENCE

OVER THE SUMMER, NPC MADE A COMMITMENT TO SUBSTANTIVELY AND CANDIDLY ENGAGE ABOUT RACE AND CONFRONT RACISM.

After appointing the NPC Access and Equity Advisory Committee (AEAC), the group highlighted three areas in need of guidance:

- 1. Auditing of Unanimous Agreements, policies and best practices.
- 2. Consulting on inclusion of diversity factors for NPC workforce recruitment
- 3. Identifying barriers to access created by norms and practices at the campus level.

To read more about the AEAC and NPC's newest reform projects, go to <a href="https://npcwomen.blogspot.com/2021/06/npc-chairman-0621.html">https://npcwomen.blogspot.com/2021/06/npc-chairman-0621.html</a>.

### PHA UPDATES

# OCTOBER 28TH: VICTORIA ALEXANDER "WHAT DO WE MEAN, VALUES-BASED ORGANIZATIONS?"

RACE, CLASS, GENDER, AND SEXUALITY IN FRATERNITY AND SORORITY LIFE

In collaboration with the Office of Sorority and Fraternity Life, PHA is excited to announce that we will be bringing in guest speaker Victoria Alexander to discuss diversity and inclusion in greek life.

Her program will help members:

- Gain a greater understanding of the historical relationships between privilege, identity, bias, discrimination, and fraternity/sorority life specifically as it relates to race, class, gender, and sexuality
- Locate ways privilege, bias, and discrimination continue to permeate the fraternity/sorority experience
- Identify means to generate welcoming and affirmative spaces for all students who seek membership in fraternities and sororities

Please join us on October 28th at 6pm in Forum CD of the Burge Union, or virtually on Zoom. Follow @kupanhellenic on Instagram for more details!

## **CAMPUS RESOURCES**

### SEXUAL VIOLENCE

# KU's CARE (Campus Assistance, Resource, and Education) Coordinator

Provides free and confidential services to all students impacted by gender based violence. Connects students to various resources including: therapeutic support, advocacy, emotional support while filing reports, and help accessing medical care.

(785) 864-9255

care@ku.edu

studenthealth.ku.edu/sexual-assault

# The Sexual Assault Prevention and Education Center (SAPEC)

SAPEC promotes social change and the elimination of sexual violence through prevention education, inclusive programming, and campus wide collaboration.

(785) 864-5879

sapec.ku.edu

### **DIVERSITY AND EQUITY**

### The Office of Diversity & Equity

Leads and facilitates the development of institutional policies and protocols intended to create a more representative, equitable, and inclusive KU. (785) 864-4904

diversity@ku.edu

### **Emily Taylor Center for Women & Gender Equity**

ETCWGE seeks to support the personal, educational, and professional success of students through challenging patriarchal norms which impede full access to the university. Provides consultation and personal advising, scholarships and aid, and resources for student parents.

(785) 864-3552

emilytaylorcenter.ku.edu

#### **Center for Sexuality & Gender Diversity**

Strives to build an inclusive campus community by providing social justice-based education, resources, programming, events, training, and support for queer and trans students, staff and faculty at the intersections of identity.

(785) 864-4256

sgd@ku.edu

#### HAZING

#### **Student Conduct and Community Standards**

Addresses incidents of non-academic misconduct on campus and educates students about the Code of Student Right and Responsibilities. Students may contact SCCS to report harm or violations of university policy. The office seeks to foster a holistic learning environment through education focused on community. (785) 864-4060

kusccs@ku.edu

studentconduct.ku.edu

### MENTAL HEALTH SUPPORT

### **Counseling and Psychological Services**

CAPS helps students with issues related to adjusting to college and other psychological, interpersonal, and family problems. Individual sessions, group sessions and psychiatric services are available.

(785) 864-2277

<u>caps.ku.edu</u>

### **National Suicide Prevention Lifeline**

Available 24/7. People may call for themselves or for a loved one who is struggling. Trained crisis workers are available to talk, assess the level of risk, and develop a plan to help keep the person safe.

1-(800) 273-TALK

### REPORTING

### Office of Institutional Opportunity and Access

The IOA serves as a neutral and unbiased resource for students, faculty, and staff who wish to report an allegation of discrimination, harassment, sexual misconduct, sexual violence and/or retaliation. (785) 864-6414

IOA@ku.edu

Students

### Legal Services for

Provides students with advice, representation, and education with commonly occuring legal Issues. (785) 864-5665 legals@ku.edu

### CONTACT INFO:

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