# DIVERSITY & INCLUSION NEWSLETTER



PANHELLENIC ASSOCIATION AT THE UNIVERSITY OF KANSAS



## **NOVEMBER IS:**

1 National Native American Heritage Month

## **DECEMBER IS:**

2- Universal Human Rights Month

# NATIONAL NATIVE AMERICAN HERITAGE MONTH

SINCE 1990, NOVEMBER HAS CELEBRATED THE CONTRIBUTIONS OF THE FIRST AMERICANS TO THE GROWTH OF THE U.S.

Also called American Indian and Alaska Native Heritage Month, Native American Heritage Month recognizes the rich and diverse cultures, traditions, and histories of Native people and acknowledges the impact had on our country. Additionally, the month is a time to educate ourselves on the unique challenges Native people face currently, and have in the past. ncai.org







# NATIONAL NATIVE AMERICAN HERITAGE MONTH

## **HOW TO CELEBRATE:**

- Learn about the Native history in Lawrence
- Support an Indigenous business
  - Examples from @thistletopics: Cheekbone Beauty, Urban Native Era, Haus of Dizzy, Ginew
- Visit the <u>Nelson-Atkins Museum of Art</u> and see their Native American collection
- Or visit the <u>Spencer Museum of Art</u> to see theirs!

# UNIVERSAL HUMAN RIGHTS MONTH

Coinciding with Universal Human Rights Day on the 10th, December is a reminder of the codification of the basic human rights of every person.

## WAYS TO TAKE ACTION:

- Read the <u>Universal Declaration of Human Rights</u> (UDHR) published by the United Nations
- Do some volunteering and give back to your community
- Support a human rights organization
  - Ex. Amnesty International, Human Rights Foundation, Equality
     Now
- Reflect on the way we treat others and what we can do to fight for equality
- Donate to the <u>UN Human Rights Office of the High Commissioner</u>

## IMPORTANT DATES

## NOV 1: ALL SAINTS' DAY

Christian, commemorating all known and unknown Christian saints

## NOV 4: DIWALI

Hindu, Jain, and Sikh festival of lights celebrating the triumph of good over evil

## NOV 20: TRANSGENDER DAY OF REMEMBRANCE

Memorializes those who have been killed as a result of transphobia and hate

## NOV 26: NATIVE AMERICAN HERITAGE DAY

Observes and honors Native
American culture and
contributions to the United States

## NOV 28-DEC 6: HANUKKAH

Jewish, 8-day celebration of the rededication of the Holy Temple in Jerusalem

## NOV 28-DEC 24: ADVENT

Christian, season of celebration leading up to the birth of Christ

## DEC 1: WORLD AIDS DAY

Bring awareness to and memorializes those affected by the HIV/AIDS epidemic

## DEC 3: INTERNATIONAL DAY OF PERSONS WITH DISABILITIES

Promotes the rights and wellbeing of persons with disabilities, and raises awareness to the barriers they face

## DEC 10: INTERNATIONAL HUMAN RIGHTS DAY

Commemorates the anniversary of the Universal Declaration of Human Rights, established in 1948

## **DEC 25: CHRISTMAS**

Christian, commemorates the birth of Jesus Christ

## DEC 26-JAN 1: KWANZAA

Cultural holiday celebrating African-American heritage



## CHAPTER UPDATES

## ALPHA CHI OMEGA

"We just had our turnover so I'm welcoming Sherrie Sarwal for our new VP DEI & Tian Heinle!" -Melisa Martin del Campo, VP DEI

## CHI OMEGA

"This month we have been focusing on educating our members about Native American Heritage Month, such as who's native land we are living on in Lawrence and the struggles that Native Americans have faced due to their systemic oppression. We have continued the DEI Dictionary every week at chapter, focusing on various topics related to diversity and inclusion such as androgyny, pansexuality, and aspects of Native American culture. As we get ready for executive board turnover, we are collecting feedback from our chapter members and putting together comprehensive resources, ideas, and points of reflection for the next DEI chairs to refer to as they begin their term!" - Katherine Ewing and Brooke West, DEI Chairs

## DELTA DELTA DELTA

"During October we enjoyed the presentation Panhellenic Speaker Victoria Alexander put on, which was organized by our sister and Panhellenic DEI Director, Anne Gill. Her lecture included valuable information about race and sexuality in Greek life, and taught us all how to be better allies and advocates for our sisters. We also emphasized education on cultural appropriation during Halloween, and are looking forward to highlighting Native American Heritage Month in November. Our officer turnover is not until the end of the academic year, so I'm excited to keep working in this position for another semester!" - Grace Hoge, DEI Chair

## KAPPA KAPPA GAMMA

"October has been a very busy month for KKG in preparation for turnover to the new council members! We hosted our Nacho Night philanthropy event where all proceeds went to Mental Health America and the Kappa Kappa Gamma foundation. Many of our members also attended the Panhellenic Speaker, Victoria Alexander! I'm glad I still have a couple more months in this position and can't wait to see what the end of my term has to offer!" - Maeve McKinney, DEI Chair

## PHA UPDATES

## **DEI WEEK RECAP**

Thank you so much to everyone who participated in our DEI week! We were able to raise over \$1000 for The Trevor Project. Big congrats to Pi Beta Phi for raising the most and winning a donation to their philanthropy!

Another huge thank you to everyone who was able to attend the Victoria Alexander lecture. We hope you were able to learn more about the history of greek life and what it takes to better our community. Congrats to the winners of the gift card raffle: Maddie Boutwell, Jake Hiss, Katherine Braun, and Grace Cooper.

## MEET THE COMMITTEE

## & HEAR WHY THEY WANTED TO BE A PART OF THE 2021 PHA DEI COMMITTEE

### **FAITH KELLY: GAMMA PHI BETA**

Sophomore, Psychology

Overland Park, KS

"Being invloved in a PHA committee really intrigued me since it allows each chapter to have one representative. I really want to make a difference with diversity and inclusion and see all the dieas that women have to help make a change and build a community. Panhellenic wants to make sure everyone feels safe and comfortable not ony in their chapter but at the university."

#### PADDISON LOWE: PI BETA PHI

Junior, Behavioral Neuroscience, Pre-Med

Colorado Springs, CO

"I wanted to be a part of positive change in the PHA community, and I also wanted to educate myself in order to be the best member of this community that I could be. In addition, I wanted to be able to advocate for inclusion as well as challenge this community to make important improvements!"

## **GRACE KIM: CHI OMEGA**

Junior, Biology, Pre-Med

Overland Park, KS

"I wanted to help create a more inclusive environment within the Panhellenic community. I think that everyone deserves a fair chance to be included in the sorority life, and DEI was the perfect place where I could have influence in making those improvements."

## **AVERY CARROLL: DELTA GAMMA**

Sophomore, Pre-Nursing

Lawrence KS

"I wanted to be more involved within the Panhellenic community and ensure that all women can feel comfortable in their chapters!"

## **CAMPUS RESOURCES**

## SEXUAL VIOLENCE

## KU's CARE (Campus Assistance, Resource, and Education) Coordinator

Provides free and confidential services to all students impacted by gender based violence. Connects students to various resources including: therapeutic support, advocacy, emotional support while filing reports, and help accessing medical care.

(785) 864-9255

care@ku.edu

studenthealth.ku.edu/sexual-assault

## The Sexual Assault Prevention and Education Center (SAPEC)

SAPEC promotes social change and the elimination of sexual violence through prevention education, inclusive programming, and campus wide collaboration.

(785) 864-5879

sapec.ku.edu

### MENTAL HEALTH SUPPORT

## **Counseling and Psychological Services**

CAPS helps students with issues related to adjusting to college and other psychological, interpersonal, and family problems. Individual sessions, group sessions and psychiatric services are available.

(785) 864-2277

caps.ku.edu

## **National Suicide Prevention Lifeline**

Available 24/7. People may call for themselves or for a loved one who is struggling. Trained crisis workers are available to talk, assess the level of risk, and develop a plan to help keep the person safe.

1-(800) 273-TALK

### REPORTING

## Office of Civil Rights and Title IX

Serves as a neutral and unbiased resource for students, faculty, and staff who wish to report an allegation of discrimination, harassment, sexual misconduct, sexual violence and/or retaliation.

(785) 864-6414

civilrights@ku.edu

#### **Legal Services for Students**

Provides students with advice, representation, and education with commonly occuring legal Issues. (785) 864-5665 legals@ku.edu

## **DIVERSITY AND EQUITY**

### The Office of Diversity & Equity

Leads and facilitates the development of institutional policies and protocols intended to create a more representative, equitable, and inclusive KU.

(785) 864-4904

diversity@ku.edu

#### **Emily Taylor Center for Women & Gender Equity**

ETCWGE seeks to support the personal, educational, and professional success of students through challenging patriarchal norms which impede full access to the university. Provides consultation and personal advising, scholarships and aid, and resources for student parents.

(785) 864-3552

emilytaylorcenter.ku.edu

## Center for Sexuality & Gender Diversity

Strives to build an inclusive campus community by providing social justice-based education, resources, programming, events, training, and support for queer and trans students, staff and faculty at the intersections of identity.

(785) 864-4256

sgd@ku.edu

#### Office of Multicultural Affairs

Provides support and services for current and prospective students from historically marginalized populations. Programs and services enhance the retention and persistence of students, while supporting their academic, personal and professional development.

785-864-4350 oma@ku.edu oma.ku.edu

### **CONTACT INFO:**

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